

Outdoors Itineraries

No matter where you might start your trip, Kentucky's Bluegrass Region is filled with adventures for the outdoor traveler!

Combine a little history with your love for the ride on the Tour D'Ville Bike Tour of historic **Danville**, but before you go stop in Plank on Main for an all-natural smoothie! You can come back later for salad bar, a wrap, or pick up a bag of Danville's signature Historically Bold coffee blend. Don't have a bike? No problem! Rent one for the ride and discover some of Kentucky's famous first moments of bold history or choose the solitary path on the Boyle County Trails system. Hit Grace Café for a farm to table lunch and pay only what you can afford! More of a nature buff? Visit the Central Kentucky Wildlife Refuge for a little bird watching or surround yourself with the growing wildlife population at **Perryville's** Civil War Battlefield. If you want the full local experience, then stay the night at Stayover Danville right in the heart of downtown Danville on our beautifully preserved Main Street!

If fishing is more your style, then set your sights on prize-winning Bass at Cedar Creek in **Stanford** and you can do lunch in beautiful downtown Stanford at Bluebird where your meal is guaranteed to be made from scratch! End your day in **Harrodsburg**! You can watch the sunset on a pontoon boat tour of the Palisades or enjoy a leisurely stroll on the trails of the historic and beautiful Shaker Village. Have a horse? Bring your own and have over 3,000 acres to explore! You can even board your horse at this picturesque preserve. Looking for dinner? Find that sweet southern hospitality at Beaumont Inn where you can dine in style and rest surrounded by 100 years of Kentucky history!

Bungee jumping over the Kentucky River in **Lawrenceburg** is a great way to start an adventurists day in the Bluegrass Region of Kentucky! Be sure to grab lunch at Bluegrass Sabor before you head to your next destination and treat yourself to a traditional Kentucky Hot Brown at this local hotspot located right on the Bourbon Trail. Once your blood is pumping then shoot on up to **Frankfort** for a canoe tour on the Kentucky River and view Buffalo Trace Distillery from a completely unique angle. Before you turn in at The Meeting House, add fine dining to your dinner schedule at Serafini. Not only will you enjoy an extensive menu with wine and bourbon, but gorgeous views of historic downtown.

If you want to kick back more then try out a free Kentucky Riverboat tour before heading on to **Midway's** Life Adventure Center. Challenge yourself or bring a group to engage in rock climbing, whitewater canoeing, mountain biking or survival challenges! Before you head to your next destination grab lunch at Heirloom restaurant where you will be treated to a French inspired dining experience! If you haven't hit your thrill limit, then head over to **Versailles** for a zipline adventure! You've played hard and deserve to sleep in only the most unique place, so book in advance to experience the Castle! Not only will you feel like royalty at the first sight of this extraordinary establishment, but you will be immersed in the royal experience from the rest and dining, right down to the beautiful gardens!

Start your day with a round of golf at Thoroughbred Golf course in **Nicholasville** and stay on the grounds for a most unique lunch at Daddy Joe's Bar and Grill. Stroll through the Jim Beam Nature Preserve or hike the trails at Kentucky River Blueway. Head to **Lexington** where you can release your inner fish while canoeing at Elkhorn Creek. You could also choose beautiful Jacobson park where you could find yourself sailing, or just cast your personal boat into the Kentucky River from Clay's Ferry. You'll have more than you can ask for in variety if you choose to stay in the horse capital of Kentucky!

Before beginning your day in historic **Georgetown**, go old-school diner at family-run Fava's, famous for its southern hospitality and home cooking. Get your meditation on at Yuko-en on Elkhorn Creek, the official Kentucky-Japan Friendship Garden. From here, head over to Toyota Kentucky for a ride around the largest Toyota manufacturing plant in the world on a guided tram-driven tour. Move your adventure horseback at Whispering Woods Riding Stables, the perfect place to feel like a real cowboy or cowgirl on over 250-acres of wooded and beautiful terrain.

You haven't completed your Bluegrass Region tour until you've stayed at a Historic Log Cabin in Winchester, located on a nature preserve with pastures and crops to your heart's extent! If you can get away, then head to Blackfish Bison Ranch to tour the Bison herd and experience real time Lakota Sioux rituals and traditions. Head on to **Richmond** for the evening at stay at Bennett House Bed and Breakfast, but not before stopping into Chenault Vinyard Café for pizza and ice cream! Tomorrow you can head to Deer Run Stable and hop on a hay ride, explore more horse-riding trails, and stay to camp. You can even find skeet and trap shooting, fishing and hunting at Miller Welch – Central Kentucky Wildlife Management Area.

Don't end this tour without experiencing the charm of **Berea**! Doing this right means checking in at Boone Tavern Hotel and Restaurant and filling your belly with Southern hospitality before life on the water at gorgeous Owsley Fork where you can just take in the beauty or grab a kayak and jump in! The best ending to this Bluegrass Region tour if there must be an end should surly land you are hiking at the Pinnacles, a true example of Kentucky's beauty.